



## Catholic Central Athletics

319 Sheldon Blvd. SE  
Grand Rapids, MI 49503  
Ph: 616-233-5813

### CC SPORTS PHYSICAL POLICY

The MHSAA requires that a sports physical be completed on or after April 15<sup>th</sup> of the previous school year to be acceptable for sports participation in the following school year.

- For 2024/2025 a sports physical **must be completed on or after April 15, 2024.**
  - The MHSAA does not take into consideration personal insurance calendar years.
- MHSAA Physical forms are available online at [www.CatholicCentralSports.com](http://www.CatholicCentralSports.com) and through the CC Athletic Office.
- **Sports Physicals must be handed in directly to the CCHS Athletic Office.**
- Students should **NOT** turn their sports physical into a coach. Coaches are not authorized to collect physicals and/or clear students for participation.
- A student must have a complete & cleared sports physical on file in the CC Athletic Office before they will be cleared to participate in sports tryouts and/or practices.
  - **Only the Athletic Office can clear a student for sports participation.**
- Prior to turning in your sports physical, confirm all information is complete and **all required signatures are present.**
  - Per MHSAA requirements, missing signatures and/or information constitutes an “**Incomplete**” physical and a student will not be cleared for participation until missing information and/or other issues are addressed.
- The CC Athletic Office provides coaches with two Google shared documents which update in real time when information is added or removed from them.
  - **Completed Physical List** - Includes students who turned in completed physicals and who are cleared for sports participation.
  - **Incomplete Physical List** - Includes students who turned in incomplete physicals, which are missing information or signature(s), and the student is not yet cleared for participation. These students should be directed to the CC Athletic Office to see about getting their physical issue(s) addressed as soon as possible, so they can be cleared to participate.